Plan choice 2026

In line with the agreement with your employer, all plan changes for 2026 must be done on the Zenzele system.

- You should complete this form only if you want to change to another plan with effect from 1 January 2026.
- The cut-off date to inform us of your new plan choice is 27 November 2025.
- Late requests will NOT be considered.

1. Your information

Please complete your details in full.

Please note: We communicate with our members exclusively through electronic means.

Initials and surname _____ Alternative number ☐☐☐ ☐☐☐☐☐☐☐

Email address * _____ Member number ☐☐☐☐☐☐☐

ID/passport number ☐☐☐☐☐☐☐☐☐☐☐☐☐ Cell phone number * ☐☐☐☐☐☐☐☐☐☐

*All contact information is compulsory, as we need it to communicate important information about your membership to you.

Residential address

House/unit number _____ Complex/building name _____

Street name _____

Suburb _____ City _____

Province _____ Postal code ☐☐☐☐

2. Your plan for 2026

NB: Please select **only one** plan.

Basic plans	Saving plans	Comprehensive plans	
☐ MedVital	☐ MedAdd	☐ MedPrime	☐ MedElite
☐ MedVital Elect	☐ MedAdd Elect	☐ MedPrime Elect	☐ MedPlus
	☐ MedSaver	☐ MedReach	

3. Utilisation of savings account funds

3.1 For MedAdd, MedAdd Elect, and MedSaver

SavingsNow preferences

Please indicate how you would like Medihelp to use your SavingsNow account.

By default:

- All eligible **day-to-day out-of-hospital medical services** are paid from SavingsNow.
- Specialised radiology is not included in this automatic payment.

Your choice (please select):

• Pay **in-hospital specialised radiology** co-payments and shortfalls from SavingsNow.	Yes	No
• Pay **out-of-hospital specialised radiology** co-payments and shortfalls from SavingsNow.	Yes	No
• Pay **all other in-hospital co-payments and shortfalls** (excluding specialised radiology) from SavingsNow.	Yes	No

If you do not indicate your preference, these costs will not be paid from your SavingsNow account until you give us your instruction.

You can change your preferences on the Member Zone at any time.

3.2 For MedPrime, MedPrime Elect, and MedElite

SavingsGrow and SavingsBase preferences

By default:

- All eligible **day-to-day out-of-hospital services** on the defined list are paid from your **SavingsBase account**.
- All other day-to-day out-of-hospital services (not on the list) are paid from your **SavingsGrow account**.
- Specialised radiology is not included in these automatic payments from the **SavingsGrow account**.

Your choice (please select):

• Pay **in-hospital specialised radiology** co-payments and shortfalls from SavingsGrow.	Yes	No
• Pay **out-of-hospital specialised radiology** co-payments and shortfalls from SavingsGrow.	Yes	No
• Pay **all other in-hospital co-payments and shortfalls** (excluding specialised radiology) from SavingsGrow.	Yes	No

If you do not indicate your preference, these costs will not be paid from your SavingsGrow account until you give us your instruction.

You can change your preferences on the Member Zone at any time.

* Please refer to the Member guide 2026 for all applicable co-payments and the definition of a medical emergency. Visit the Medihelp website at www.medihelp.co.za, click on **Plans**, then **Compare plans**, and download the 2026 plan comparison.

Member's signature _____ Date 2 0 y y m m d d